A Strength Based Approach to Student Development

Laura Macias, LCSW
Sheryl Groden, PhD, LCSW
With our strengths as you have provided, our roots and the nourishment we will continue to grow.
Objectives

1. Learn the benefits and challenges to removing a secondary admittance for a BSW program.

2. Understand how a mentoring program helps to promote student introspection of attitude, beliefs, opinions and feelings and leads to improved success in a BSW program.

3. Demonstrate Strengths Finder 2.0 as a tool to guide student success in higher learning.
Removing a secondary admittance for a BSW program.

- In line with NASW core values and code of ethics.
- Meet students where they are at and provide a developmental approach to support their growth and learning.
Mentoring program

- Additional support for student success
- Student introspection to improved success in a BSW program
- Benefits vs. challenges
Strengths Finder 2.0

- How we used Strengths Finder as a tool to guide student success
- Focus on the positive
- A CBT approach to transforming student thought process to focus on strengths vs. dwelling on deficits.
- Student’s attend a Strengths Finder summit the beginning of their senior year.
- Faculty and mentors bring Strength Finders into class discussion, 1:1 mentorship
Examples of Strength finders

- Links:

  https://www.gallupstrengthscenter.com/home/en-us/strengthsfinder

Kasie White

Strategic

Input

Deliberative

Relator

Individualization
Laura Macias

Achiever
Input
Relator
Responsibility
Learner
Dr. Sheryl Groden

- Context
- Restorative
- Empathy
- Ideation
- Input
Questions?
Thank you!

Happy to send you additional information.

Please contact us at:

Laura Macias, labrown@umich.edu

Sheryl Groden, grodensh@umich.edu